

Gospel Reflection

First Sunday of Advent - Year B

November 28, 2021

Gospel - Luke 21:25-28, 34-36

A reading from the holy Gospel according to Luke

Jesus said to his disciples:

“There will be signs in the sun, the moon, and the stars,
and on earth nations will be in dismay,
perplexed by the roaring of the sea and the waves.

People will die of fright in anticipation of what is coming upon the world,
for the powers of the heavens will be shaken.

And then they will see the Son of Man
coming in a cloud with power and great glory.

But when these signs begin to happen, stand erect and raise your heads
because your redemption is at hand.

“Beware that your hearts do not become drowsy
from carousing and drunkenness and the anxieties of daily life,
and that day catch you by surprise like a trap.

For that day will assault everyone
who lives on the face of the earth.

Be vigilant at all times and pray that you have the strength
to escape the tribulations that are imminent
and to stand before the Son of Man.”

The Gospel of the Lord.

Gospel Reflection Process

- ◆ **Pray** a simple prayer to the Holy Spirit: “Speak, Lord, your servant is listening.”
- ◆ **Read** the passage slowly. As you listen, ask in silence, “Lord, what are you saying to me in this passage?”
- ◆ **Listen** for a word or phrase that calls your attention or touches your heart.
- ◆ **Share** a brief story or experience of how the word or phrase connects to your life at this moment.
- ◆ Ask in silence, “Lord, what do you want me to do?” Share what Jesus is inviting you to do.